

February 2018 LUNCH AND ACTIVITIES CALENDAR

Monday		Tuesday		Wednesday		Thursday		Friday	
						1	Salisbury Steak	2	Clam Chowder
						Served with whipped Potatoes, steamed Vegetables, Salad Greens, Rolls and Fruits		Served in a Bread Bowl, Layered Salad, fresh Fruits and Dessert	
						J and R Services		*Grace Bible Church*	
5	Almond Chicken	6	Baked Potato Bar	7	Tender Beef	8	Chicken Stir Fry	9	South West Tacos
Served over Rice, steamed Vegetable, Caesar Salad, Rolls and Dessert		Served with all of the Trimmings, Chili, Salad Greens, fresh Fruits and a Cookie		Served with Mashed Potatoes, steamed Vegetable, Jell-0, Rolls and Cake		Served over Rice Pilaf, steamed Vegetables, Salad Greens, Rolls and Fruits		Served with Rice, steamed Vegetable, Salad Greens, Chips, Salsa and Sour Cream	
The Fill-ins		*The American Legion*		*J and R Servies *		* The Fast Track*		*The Rusty Wheels*	
Thank You Pepsi		*Thank You Kevin Reed*		*Thank You Barreto MFG*					
12	Soup and Salad Bar	13	Fish and Chips	14	Fried Chicken	15	Cabbage Rolls	16	Pork Roast
Minestrone Soup served with a variety of Deli Salads, fresh Fruits, Breads and a light Dessert		Served with Baked Beans, Coleslaw and Fruits		Served with Mashed Potatoes, Gravy, steamed Vegetables, Jell-0 Rolls and Cake		Served with Rice Pilaf, Cottage Cheese & Pears, Bread Stick and Dessert		Served with Rice Pilaf, steamed Vegetable, Salad Greens, Rolls and baked Apples	
* The Rusty Wheels*		*The Rovers*		*The LDS Church*		*The First Christian Church*		*The LDS Church*	
				Thank You Helen Cochrane				*Thank You Allied Mortgage*	
19	Closed	20	Spaghetti With Meat Balls	21	Honey Glazed Ham	22	Bacon Cheese Burger	23	Chicken Strips
		Served with steamed Vegetables, Spinach Salad, Breads and Fruits		Served with Scalloped Potatoes. Green Beans, Jell-0 Rolls and Dessert		Served with Sweet Potato Fries, Coleslaw, fresh Fruits and a Brownie		Served with Seasoned Fries, Coleslaw Baked Beans & fresh Fruits	
		The Fill Ins		*The LDS Church*		*The Rusty Wheels*		*The Rovers*	
		Thank You Les Schwab Tires		*Thank You Warm Creek Orchard*				*Thank You Barreto MFG*	
26	Hot Deli Sandwich	27	Beef Stroganoff	28	Chicken Fried Steak				
Salami, Pepperoni & Ham served hot on a Hoagie Bun with all of the trimmings		Served over Rice, steamed Vegetable, Cashew and Pea Salad, Rolls and Fruits		Served with Mashed Potatoes and Gravy, steamed Vegetable, Jell-0, Rolls and Cake					
The Pinochle Club		*The LDS Church*		* J and R Service *					
				Thank You Wildflower Lodge					

ACTIVITIES AND EVENTS

Live Music and Dancing

Live Music Starts @11am Daily

Mondays: Social Hour, No Live Music

Tuesdays: Blue Mountaineers

Wed: Social Hour, No Live Music

Thursdays:

1st Music by The Fine Tunes

8th Music by Terry La Mont

15th Music by The Fine Tunes

22nd Music by Terry La Mont

Fridays:

2nd Music by the Fine Tunes

9th Music by Terry La Mont

16th Music by The Fine Tunes

23rd Music by Terry La Mont

COMMUNITY DANCES 6:30-9:30

Feb.24th Music by the Blue Mountaineers

Activities

*Senior Exercise Class with Chairs

10:00am -11:00am M.W.F.

For more information contact 541-963-7532

* Bridge: Monday 1pm

* Pinochle Tuesday 1pm

* Bingo: Tuesday 6:30 pm

* 12 Aces Pinochle 15th 1pm

* Pinochle Social Club Fridays 7 pm

* Beginning Senior String Class every

Thursday starting on the 8th from

10:30 am -11:00 am in the

Dwight Hopkins Room.

Contact 541-963-7532 to sign up

Bring your own instrument

Meetings & Presentations

Tuesday 13th: Pie Auction 11:15-11:30

(Donated Pies Appreciated)

Tuesdays: 10-12 pm

The OHSU School of Nursing will be offering a Blood Pressure Clinic. Stop by and have your Blood Pressure Checked. They will also be available to schedule in-home health-safety visits!

Wednesday 14: Join us for Valentine's Day

Saturday 17th: Walk for Warmth

Are you interested in becoming a Lunch Buddy?
We have many Meals on Wheels Clients that would

Enjoy having companionship –

Contact the Nutrition Department 541-963-7532

For more information.

1504 Albany Street La Grande, Oregon 97850:

541-963-7532