

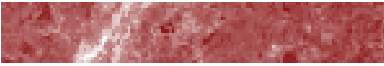


COMMUNITY CONNECTION OF BAKER COUNTY
2810 CEDAR ST., BAKER CITY OR 97814

Dec 2018

SENIOR TALK & TELL

Merry Christmas !!



- Activities Calendar**
- 4 **Foot Clinic, by appt, call 541-524-7688**
 - 18 **Dining Center Committee, 11am**
 - 24 **Closed for holiday**
 - 25 **Merry Christmas Closed on Jan. 1st**

Volunteers Needed!

- 2 Serving Groups**
- Bingo Volunteers**
- Medical Trans. Drivers**

Weekly Activities

- **Mondays**
Stretch & Flex, 9am
Tai Ji for balance 10a
Dupl. Bridge, 1:30pm
Line Dancing, 1 pm
- **Tuesdays**
Blood Pressure Checks, 11-12
Bingo, 1pm
- **Wednesdays**
Music/Dancing, 11a
Line Dancing, 1pm
- **Thursdays**
Stretch & Flex, 9am
Bingo, 1:00 pm
- **Fridays**
Party Bridge, 1pm
Line Dancing, 1pm
Pinochle Nite, 6:30pm

Christmas Dinner will be here on **Thur., Dec. 20th.** The suggested donation for seniors is going to be the same as other lunches as usual.

Please sign up by December 14th. (this helps us know how much food to order and prepare).

Heating Assistance Program

It's that time of year again. This year the income limit for a household of one person is \$2045.83 gross income. For more info contact our office.

Community Connection's Busy Bus

It's annual Holiday Shopping Trip to LaGrande will be on **Tues., Dec. 11th.**

Call 541-742-RIDE (7433) to reserve your seat.

Special Prime Rib Dinner:

Join us on December 28th for a prime rib luncheon. The suggested donation for Seniors will be \$8, the cost for non-seniors will be \$10. You must purchase a ticket from the office due to limited availability.

Living Well Workshop

Workshop begins Jan 7, to Feb 25, every Mondays from 1:30—4:00 pm. Registration is required by Jan 3, 2019. Call Kathy at 541-963-3186.

Holidays:

The center will be closed for the Holidays on December 24/25 and on January 1st. This means all services will be unavailable, including: the bus, meals on wheels, all office services, and lunch. Everyone have a wonderful holiday.

Medicare Part D:

Don't forget to make an appointment if you are interested in changing your Part D plan. The last day for open enrollment is December 15th.

We are now recruiting Entrée Sponsors for 2019!

We have sponsor forms in the office for those who want to reserve their dates in 2019.

See Renee at the front desk.

I Keep My Snowman in the Freezer, poem

I keep my snowman in the freezer,
Just behind the pies,
He likes it there, he told me so
I can see it in his eyes.
I made him on a cold, cold morning
When the snow was fresh and deep
Now he sits in the freezer
Near the fish that we got cheap.
I keep my snowman in the freezer
And look at him each day.
If I'd left him in the garden

He'd simply have melted away.
But now he's like my Grandma
Living somewhere safe and nice;
He's in a frosty, snowy palace
On a throne of coldest ice.
I keep my snowman in the freezer
Near a lump of frozen beef
And I've got a treat for him in August:
I'm taking him to Tenerife!