

Community Connection: March 2019 Lunch & Activities Calendar



Monday		Tuesday		Wednesday		Thursday		Friday	
								1	BBQ Beef Sandwich
								Served with steak fries, coleslaw, fresh fruit and a cookie	
								J & R Services	
4	Lemon Almond Chicken	5	South West Chili	6	Meat Loaf	7	Honey Glazed Ham	8	Spaghetti with Meat Balls
Served with your choice of rice pilaf or egg noodles, steamed vegetables, baked rolls fresh fruits		Served with a hearty vegetable salad, carrot and raisin salad, corn bread and lemon tarts		Served with mashed potatoes, gravy, steamed vegetable, jell-0, rolls and cake		Served with scalloped potatoes, tomato & cucumber salad, Italian bread and dessert		Served with salad greens steamed vegetables, garlic bread and fruits	
The Mermaids		*The Misfits *		*The VFW*		*J & R Services *		*The Rusty Wheels*	
Thank You Pepsi		Thank You Helen Cochrane							

11	BBQ County Pork Ribs	12	Chicken Alfredo	13	Fried Chicken	14	Hot Ham Sandwich	15	Corned Beef and Cabbage
Served with pasta salad, coleslaw, baked beans, rolls and fruit		Served with steamed cauliflower, salad greens, garlic bread and dessert		Served with mashed potatoes & gravy, vegetable casserole, Jell-0, rolls, and cake		Served with a cup of tomato soup, sliced fruits, chips and a cookie		Served with red potatoes, sauerkraut and brown mustard on request, Irish soda bread and key lime pie	
The Fill Ins		*The American Legion*		*J & R Services*		*The Fast Track*		*The Latter Day Saints Church*	
Thank You Helen Cochrane									

18	Soup and Salad Bar	19	Chicken Fried Steak	20	Pork Roast	21	Cabbage Rolls	22	Chicken Pot Pie
Hearty Potato Chowder, served with a variety of salads, freshly baked breads, and dessert		Mashed potatoes and gravy, steamed green beans, spinach salad, rolls and fruits		Served with boiled red potatoes, gravy, steamed ginger carrots, fruited jell-0, rolls, baked apples		Served with vegetable casserole, sweet onion and cucumber salad, fruits and dessert		Served with salad greens, fresh fruits, and ginger snaps	
*The Rusty Wheels**-+		*The Rovers*		*The Latter Day Saints Church*		* The First Christian Church*		*The Rovers*	

25	Chicken Fried Steak	26	Sausage and Kraut	27	Chicken Cordon Bleu	28	Baked Potato Bar	29	Beef Enchiladas
Served with mashed potatoes, gravy, steamed vegetable, salad greens, rolls and fruits		Hoagie buns available, potato salad, coleslaw and apple strudel		Served with rice pilaf, steamed vegetable Jell-0, brown bread and chocolate chip bars		Served with chili, cheese sauce steamed vegetables and all of the trimmings for that perfect potato bar, fruits and a cookie		Served with enchilada sauce, mexi rice, salad greens, chips and dessert	
The Methodist Church		* The Fill Ins*		* J&R Services*		* The Rusty Wheels*		* The First Christian Church*	

ACTIVITIES AND EVENTS

Live Music and Dancing

Live Music Starts @11am Daily

Mondays: Social Hour, No Live Music

Tuesdays: Blue Mountaineers

Thursdays: 7th Music by Fine Tunes
14th No Live Music
21st Music by Fine Tues
28th No Live Music

Fridays: 8th Music by Fine Tunes
15th No Live Music
22nd Music by Fine Tunes
29th No Live Music

COMMUNITY DANCES 6:30- 9:30

9th Music by Paul Cox

25th Music by blue Mountaineers

Activities

Harvest Share offered Monday- Friday
At the Senior Center

Offering Produce and Baked Goods

Senior Exercise Class with Chairs: M. W. F.
10 am -11 am

For more information, contact Joan Rose 663-1983

Bridge: Mondays 1 pm

Pinochle: Tuesdays 1pm

Bingo: Tuesdays 6:30 pm

12 Aces Pinochle: 21st 1 pm

Pinochle Social Club: Fridays 7 pm

*Sassy Senior Pinochle: 14th & 28th
12:30 pm

Meetings & Presentations



Happy St. Patty's Day to all of you!!
Celebrate with us on March 15th

11:30-12:30

12th 11:15-11:30 Pie Auction

Foot Clinics: 5th 12th

Please contact 541-963-7532 to schedule.

1504 Albany Street La Grande, Oregon 97850

541-963-7532