

August 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1 Pork Roast, Baked Sweet Potatoes, Broccoli, Apple Slaw	2	3
4	5 Baked Potato Bar w/Chili & Chips	6	7	8 BBQ Chicken, 7 layer salad	9	10
11	12 Navy Beans & Ham, Fried Potatoes	13	14	15 Chicken Fried Steak, Mashed w/ Gravy	16	17
18	19 Breakfast - Bacon & Eggs, Fruit	20	21	22 Baked Fish, Lemon Rice	23	24
25	26 Turkey & Dumplings	27	28	29 Beef Stoganoof, Noodles	30	31
1	2	Notes				

John Day Senior Center