

COMMUNITY CONNECTION OF WALLOWA COUNTY

SEPTEMBER 2019

The senior meal sites and Community Connection office will be closed Monday, September 2nd in Observance of Labor Day. We will reopen Tuesday, September 3rd at 8:00 a.m. Have a safe and Happy Labor Day weekend!

SEPTEMBER 5, 1975 President Gerald Ford encountered two assassination attempts. He was not harmed in either incident.

September 8, 1966 *Star Trek* premiered on television.

September 12, 1953 John F Kennedy, 36, married Jacqueline Bouvier, 24, in a ceremony before 750 invited guests at St. Mary's Church in Newport, Rhode Island, conducted by Archbishop Richard Cushing of Boston.

The first Labor Day holiday was celebrated on Tuesday, September 5, 1882 in New York City with the central labor union. 23 more states adopted the holiday. On June 28, 1894, President Grover Cleveland signed a law making the first Monday in September of each year a national holiday.

Pain Awareness Month

Across the United States, September is National Pain Awareness Month. Chronic pain is a persistent pain that is often resistant to medical treatments. According to the U.S. Bureau of Labor Statistics, chronic pain is the nation's primary cause of lost workdays. It affects more people than cancer, heart disease and diabetes combined, with almost 35% of Americans suffering from it. After the common cold, back pain is the number one reason for doctor visits. Over 50 million people are disabled by chronic pain.

As a part of raising awareness, the Partners for Understanding Pain urge older adults to not accept pain as a common part of aging, but instead report all pain management to their chosen health professional in order to manage their pain and understand drug and non-drug options available. Chronic pain may worsen in response to environmental and/or psychological factors, so it is essential for the pain to be addressed for the sufferer. For more information, and to see the options available to those who suffer with chronic pain, visit with the American Chronic Pain Association at www.acpa.org.

Birthdays

LAVERN WERST	9/ 3
DON MALORY	9/12
ANNELLA ROBINSON	9/12
DERRELL WITTY	9/12
RICK SKILLINGS	9/17
BARBARA HILDE	9/18
MARY ANN BURROWS	9/23
MARIETTA HERINCKX	9/23
IVA LINDSEY	9/26



Volunteers of the Year awards

AWARDS GO TO !

Everett & Dana Roberts

Enterprise

Diana Sealey & Diana Douglas

Wallowa

BEHIND THE SCENES AWARD

Charlotte McCoy

Enterprise



Community Events

Pilates –WSC ,Tuesdays & Thursdays

9:00 to 3:00

Quilting Group –WSC Tuesdays

10:00 to 3:00

Blood Pressure -ESC Monday

9/16 11:00

Zumba Gold -ESC Saturdays

9:00

Legal Aid call 1-800-843-1115

To schedule a appointment

Foot Clinic –ESC 9/11

12:00 to 3:00