

Senior Talk & Tell



Activities Calendar

**4 Foot Clinic, by apt
524-7688**
**10 Dining Center Com-
mittee 11a**

Weekly Activities

Monday

Stretch & Flex, 9am
Tai Ji for balance 10a
Dupl.Bridge, 12:30pm
Line Dancing, 1 pm

Tuesday

Blood Pressure
Checks, 11-12
Bingo, 1pm

Wednesday

Music/Dancing, 11a
Line Dancing, 1pm
California Rummy, 1pm
Hand & Foot, 1pm /2:30

Thursday

Stretch & Flex, 9am
Jackpot Bingo, 1pm

Friday

Party Bridge, 1pm
Line Dancing, 1pm
Cribbage, 1pm
Pinochle Nite 6:30pm

Congratulations to Anna Hackett our “Marian Kolb Volunteer of the Year Award Winner!”

**Anna has been a faithful
volunteer at the Baker Senior
Center for many years and is
well deserving of this honor.**

Transportation Services Have Expanded

**We now provide “Dial-a-Ride”
services to the Haines &
Keating areas on Tuesday &
Fridays with a cost of \$2 one
way. We also are providing a
“shopping/appointment” bus
to Ontario on Thursdays
departing the Baker Senior
Center at 9am with a cost of
\$5 roundtrip.**

Wallowa Lake Trip

**On September 6, 2019 we will
be hosting transportation to
Wallowa Lake. The bus will
depart from the Senior
Center at 9am and depart
Wallowa Lake by 4pm.
Please sign up at the white
podium near the entrance.
There is room for 20
passengers the cost is \$10.**

History of the Armstrong Gold Nugget

The Armstrong Nugget is an impressive gold nugget, and the largest gold nugget from Oregon still in existence today. It was found by George Armstrong and Dick Stewart on June 19, 1913. They were placer mining in Buck Gulch, near what is now a ghost town named Susanville, in Grant county. While washing out gravels in a part of their claim, Stewart spotted an odd looking object in the creek and reached down to pick it up. He was shocked to discover that it was a huge gold nugget, as large as a mans fist. The next day the two men headed to Baker City with their nugget. The assayer confirmed that it was solid gold and weighed a whopping 80.4 troy ounces! The nugget is still on display at the US Bank in downtown Baker City.

Help Wanted

**We need a volunteer Meals on
Wheels Driver for Tuesdays
Route #2.**

Save the Date!

*Due to such a success with our August
Class, we will be offering another AARP
Smart Driving Class—October 24, 2019*